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School of Architecture National Technical University of Athens

Venue: **School of Architecture** Room A002 **Averof Building Patission Complex** National Technical University of 42 Patission str., 106 82 Athens



ust imagine what can be achieved by one who is in control of Heaven and Earth and who encompasses all life,

who knows how to unite all knowledge and whose heart never dies whose ears and eyes he knows only convey fleeting images, who simply uses his physical body as a place to dwell,

Zhuang Zi , The Book of Chuang-tzu



Body Crafts 身造 Towards Infinite Adventure of Every Self in Metropolis Life

每个市民自身在都市生活中的无止历险

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Citizens rush every day in the hustle and bustle of the city, every stereotyped and repeated body movements, not only shouldering the constraints of culture, unbroken customs, consensus, technology, work and study from outside the body, their internal parts also seem to retain idea and potential that are different from those. These citizens have never thought about why the city is like this now? Why should I follow the urban planning to indicate life experience and to end my own life possibility that should have been different from one another? Perhaps the inner thoughts of these citizens, different from the external inertia of the body, try to transcend their current situation, seek the meaning of their own existence and create opportunities for new urban expression. However, often, in most of the time and space where citizens live, the diversity and potential of their own ideas cannot be generated and developed. It is precisely because of these two existences and contradictions of self that Bergson believes that everyone will feel that they are not free. Correspondingly, the new urban works that could have appeared will always be sealed in your, in my, or in his or her artistic process that has been given up, that is giving up or that is about to give up. By introducing practices of Zai-Zao architecture in relation to social and technological review, architectural history and creative philosophy, in this lecture, architecture is no longer a specific formal-object, discipline, pursuit, ideal, result or expression, but those unique, breakthrough, self-resistance and self-creation that are retained and constructed as process of incomplete crafts in urban life and adventure by interaction and inversion between body and architecture where each one is previously being stimulated and deprived of sensibility and difference.